Plant Based Menu

Starters

Roasted Beet & Orange Salad

Roasted beets, orange, rucola and nuts

or

Sweet Potato & Black Bean Quesadillas

Sweet potato, onion, black beans and cilantro

Main Courses

Lentil and Vegetable Curry

Mixed lentils, onion, ginger and assorted vegetables

or

Risotto Mushroom

Arborio rice, fresh mushroom and vegetable broth

Desserts

Fruit Sesame Pudding

Sesame seeds , maple syrup, almond milk and seasonal fruit

or

Coconut Panna Cotta

Coconut panna cotta with strawberry sauce

